

CODE	NAME	PACKSIZE	PRICE	RSP	VAT	BARCODE
------	------	----------	-------	-----	-----	---------

NUTS

PEA80	PEANUTS G-Nuts Roasted/Salted West Africa	24x50g	£23.92	£1.59	V	5060518870019
-------	---	--------	--------	-------	---	---------------

Funmi Brady enjoyed nuts cooked in this way, without oil, when she was growing up in West Africa. She has set about presenting them to the public and they are a real treat to eat. Not the cheapest nut that we sell but well worth the premium price for what is a truly premium product.

RICE

RIC59	RICE Gallo White Arborio Risotto ORGANIC	12x185g	£26.91	£2.99	Z	80014200089
RIC60	RICE/QUINOA Gallo White Arborio Risotto ORGANIC	12x500g	£26.91	£2.99	Z	8001420008890

Boxed Italian rice mixed in one case with quinoa.

FLOUR

FLO09	FLOUR Doves Gluten Free Brown Bread	16kg	£23.40		Z	
FLO08	FLOUR Doves Gluten Free White Bread	16kg	£21.60		Z	
BRE05	BREAD MIX Doves Gluten Free White	4x500g	£10.50	£3.50	Z	5011766010702
PIZ04	PIZZA BASE MIX Doves Gluten Free	5x500g	£8.80	£2.35	Z	5011766010764

Doves have set their stall out as being champions of gluten free foods and the flours that are needed to make them.

BRE62	BREAD MIX JEAM Super Baobab ORGANIC	6x577g	£22.45	£4.99	Z	5060484280010
BRE63	BREAD MIX JEAM Super Cacao ORGANIC	6x577g	£22.45	£4.99	Z	5060484280027
BRE64	BREAD MIX JEAM Super Spirulina/Chlorella ORGANIC	6x577g	£22.45	£4.99	Z	5060484280034
BRE60	BREAD MIX JEAM Super Matcha ORGANIC	6x577g	£22.45	£4.99	Z	5060484280003
BRE61	BREAD MIX JEAM Super Turmeric/Reishi Mushroom ORGANIC	6x577g	£22.45	£4.99	Z	5060484280058

A beautiful set of boxed bread mixes enhanced with superfoods. All recipes are easy to follow and should produce an enjoyable and stimulating loaf.

COO82	COOKIE MIX Un-Refined Superfood Cacao	6x280g	£28.56	£6.35	Z	700461846093
COO81	COOKIE MIX Un-Refined Superfood Original	6x250g	£28.56	£6.35	Z	700461846086
CRA80	CRACKER MIX Un-Refined Superseed Vherby	6x185g	£28.56	£6.35	Z	700461846116

Un-refined are a small company who have designed three superfood cookie and cracker mixes. The have gone out of their way to make everything easy for the user and have added the ubiquitous superfoods to their recipes.

COOKING/BAKING AIDS

BAK20	BAKING POWDER Bioreal ORGANIC	20x(3x10g)	£23.22	£1.55	Z	4260028361040
YEA36	YEAST Bioreal Active Dried AF ORGANIC	8x(5x9g)	£23.30	£3.88	Z	4260028363495
YEA35	YEAST Bioreal Active Dried ORGANIC	1x500g	£18.95	£25.27	Z	4260028365000
YEA37	YEAST Bioreal FRESH (Chilled) ORGANIC	12x42g	£8.91	£0.99	Z	4260028360425

For the baker who wants to use the best possible ingredients we present these Organic yeasts including the sensational fresh yeast which requires some forethought as it doesn't have a very long shelf life.

PASTA

PEN31	PENNE Ancient Harvest Quinoa/Green Lentil Gluten Free	6x227g	£13.90	£3.09	Z	89125218309
ROT06	ROTELLE Ancient Harvest Quinoa/Red Lentil Gluten Free	6x227g	£13.90	£3.09	Z	89125268304

These gluten free pastas made with quinoa and lentils taste remarkably good and have a lightness which distinguishes them.

GNO12	GNOCCHI Ciemme Gluten Free ORGANIC	12x400g	£27.81	£3.09	Z	8033087771879
GNO13	GNOCCHI Ciemme Gluten Free Quinoa ORGANIC	12x400g	£27.81	£3.09	Z	8033087771886

More gluten free pasta.

TOMATOES

TOM33	TOMATO Puree Suma Tubes ORGANIC	12x200g	£8.91	£0.99	Z	5017601016373
TOM34	TOMATO Tinned Suma ORGANIC	12x400g	£8.55	£0.95	Z	5017601016595

We've started trading with Suma again and are happy to introduce their Tomato puree and chopped tomatoes to our list

OLIVES/CAPERS/MUSHROOMS

OLI70	OLIVES Dumet Black Hojiblanca	10x150g	£14.92	£1.99	Z	7612188000364
OLI71	OLIVES Dumet Black Kalamata	10x200g	£22.43	£2.99	Z	7612188000401
OLI72	OLIVES Dumet Green Chalkidiki With Garlic	10x270g	£22.43	£2.99	Z	7612188000449
OLI69	OLIVES Dumet Green Hojiblanca	10x150g	£12.67	£1.69	Z	7612188000456

A lovely range of olives from Greece.

TOM00	TOMATO PASTE Mani Sun Dried ORGANIC	6x180g	£15.71	£3.49	Z	5202423180030
-------	-------------------------------------	--------	--------	-------	---	---------------

BARs

BAR45	BAR Artisan Superfood Boabab/Apple	16x45g	£8.90	£0.89	V	5034444116107
BAR42	BAR Artisan Superfood Chia/Blueberry	16x45g	£8.90	£0.89	V	5034444116121
BAR43	BAR Artisan Superfood Goji/Coconut	16x45g	£8.90	£0.89	V	5034444006138
BAR44	BAR Artisan Superfood Quinoa/Apricot	16x45g	£8.90	£0.89	V	5034444116114

The mixed cases of these bars have gone so well that we have added boxes of individual bars.

CODE	NAME	PACKSIZE	PRICE	RSP	VAT	BARCODE
BAR88	BAR Clif Cool Mint	12x68g	£12.00	£1.60	V	722252810656
BAR87	BAR Clif Crunchy Peanut Butter	12x68g	£12.00	£1.60	V	
NAK59	NAKD BAR Cocoa Coconut	18x35g	£10.01	£0.89	V	5060088705971

Two new Clif bars join the rest of their range.

HEM45	9NINE Carob/Apricot/Hemp	20x50g	£11.12	£0.89	V	5024278001229
HEM44	9NINE Carob/Sesame/Flax	20x50g	£11.12	£0.89	V	5024278001175
HEM51	BOMBES 9NINE Cocoa/Coconut/Seed	12x48g	£12.70	£1.69	V	5024278002240
HEM50	BOMBES 9NINE Double Cocoa/Raspberry/Seed	12x48g	£12.70	£1.69	V	5024278002141
HEM55	SEED FUSIONS 9NINE Mango Kuchela	12x35g	£8.95	£0.99	Z	5024278002363
HEM54	SEED FUSIONS 9NINE Patas Bravas	12x35g	£8.95	£0.99	Z	5024278002288

9Bar have had a complete refurbishment with new flavours, new livery, new sizes and other new things.

CONFECTIONARY

HAL33	HALVA Sunita Honey Plain Extra 33%	24x100g	£28.41	£1.58	Z	5018076200151
-------	------------------------------------	---------	--------	-------	---	---------------

A new promo halva with a third free on every pack.

CHOCOLATE/CAROB

CHU70	CHOCOLATE Blanxart Dark Almonds 72% ORGANIC	12x150g	£41.92	£5.59	V	8436006832956
CHU74	CHOCOLATE Blanxart Dark Congo 91% ORGANIC	18x100g	£42.72	£3.80	V	8436006835506
CHU72	CHOCOLATE Blanxart Dark Dominica 72% ORGANIC	18x100g	£42.72	£3.80	V	8436006832932
CHU73	CHOCOLATE Blanxart Dark Nicaragua 85% ORGANIC	16x125g	£51.30	£5.13	V	8436006836053
CHU71	CHOCOLATE Blanxart Milk Dominica 38% ORGANIC	18x100g	£42.72	£3.80	V	8436006832925

Art is the unceasing effort to compete with the beauty of flowers and never succeeding opined Marc Chagall and who could disagree. So if one has to package beautiful chocolate then one might as well align oneself to this life enhancing activity. The result is an absolutely lovely product.

CHT14	CHOCOLATE CHUMS Moo Free Surprise ORGANIC	40x20g	£13.75	£0.55	V	5060235830501
-------	---	--------	--------	-------	---	---------------

Moo free chocolate squares with different animals. The surprise is which one you end up with.

CHU65	CHOCOLATE RAW Raw Halo Dark Ginger/Pecan ORGANIC	20x35g	£34.93	£2.79	V	5060430550600
CHU62	CHOCOLATE RAW Raw Halo Mylk/Crispies ORGANIC	20x35g	£34.93	£2.79	V	5060430550020
CHU64	CHOCOLATE RAW Raw Halo Mylk/Pink Himalayan Salt ORGANIC	20x35g	£34.93	£2.79	V	5060430550136
CHU63	CHOCOLATE RAW Raw Halo Mylk/Salted Caramel ORGANIC	20x35g	£34.93	£2.79	V	5060430550044
CHU60	CHOCOLATE RAW Raw Halo Pure Dark ORGANIC	20x35g	£34.93	£2.79	V	5060430550013
CHU61	CHOCOLATE RAW Raw Halo Pure Mylk ORGANIC	20x35g	£34.93	£2.79	V	5060430550006

A new range of raw chocolate bars with elegant packaging and engagingly unusual ingredients.

CHU82	CHOCOLATE BAR So Free Alternative Milk Thin FT ORGANIC	12x80g	£20.63	£2.75	V	5013092000549
CHU84	CHOCOLATE BAR So Free No Sugar Hemp Dark	12x70g	£20.63	£2.75	V	5013092000631
CHU83	CHOCOLATE BAR So Free No Sugar Thin Dark UTZ	12x80g	£20.63	£2.75	V	5013092000587
CHU85	CHOCOLATE So Free Coconut Blossom ORGANIC	12x80g	£20.63	£2.75	V	5013092000471
CHT63	CHOCOLATE So Free Dark Thin Cool Mint No Sugar	12x80g	£20.63	£2.75	V	5013092000624
CHT62	CHOCOLATE So Free Dark Thin Espresso	12x80g	£20.63	£2.75	V	5013092000600
CHT58	CHOCOLATE So Free Dark Thin Tropical Orange ORGANIC	12x80g	£20.63	£2.75	V	5013092000532
CHT59	CHOCOLATE So Free Extra Dark Thin 87% Cocoa ORGANIC	12x80g	£20.63	£2.75	V	5013092000525
CHT61	CHOCOLATE So Free Perfectly Dark Thin 72% Cocoa ORGANIC	12x80g	£20.63	£2.75	V	5013092000563
CHT60	CHOCOLATE So Free White Thin Alternative ORGANIC	12x70g	£20.63	£2.75	V	5013092000570

Adrian at Plamil has decided to launch a new brand with the same vegan/natural values of sustainability and caring as his existing company but with a new name and a new image.

SNACK MIXES

CHU81	CHOCOLATE SPREAD So Free Milk Alternative ORGANIC	6x275g	£14.18	£3.15	Z	5013092009764
CHU80	CHOCOLATE SPREAD So Free Plain ORGANIC	6x275g	£14.18	£3.15	Z	5013092009115
PAT58	PATE Granovita Tins Herb ORGANIC	12x125g	£20.25	£2.25	Z	4046006074245
PAT57	PATE Granovita Tins Mushroom ORGANIC	12x125g	£20.25	£2.25	Z	4046006074252
PAT56	PATE Granovita Tins Red Pepper ORGANIC	12x125g	£20.25	£2.25	Z	4046006074269

Granovita have added Organic Pates to their already very successful range starting with the three most popular varieties.

TAH69	TAHINI Sunita Dark 25% Extra	12x350g	£26.72	£2.97	Z	5018076200366
TAH75	TAHINI Sunita Light 25% Extra	12x350g	£26.72	£2.97	Z	5018076200373

Identical in every way to the usual Sunita Tahini jars except for the extra 25% of Tahini.

SOUP

SOU43	SOUP JARS Granovita Creamy Caprese ORGANIC	6x350ml	£14.81	£3.29	Z	4005047114327
SOU44	SOUP JARS Granovita Fruity Beetroot ORGANIC	6x350ml	£14.81	£3.29	Z	4005047114303
SOU46	SOUP JARS Granovita Goulash ORGANIC	6x350ml	£14.81	£3.29	Z	4005047114334
SOU45	SOUP JARS Granovita Spicy Pumpkin ORGANIC	6x350ml	£14.81	£3.29	Z	4005047114310

Jars of soup surprisingly launched in mid summer.

CODE	NAME	PACKSIZE	PRICE	RSP	VAT	BARCODE
------	------	----------	-------	-----	-----	---------

BOTTLED FOOD

FRU51	FRUIT PUREE Biona Apple/Rhubarb ORGANIC	6x360g	£7.61	£1.69	Z	5032722315716
-------	---	--------	-------	-------	---	---------------

TINNED FOOD

BAK14	BAKED BEANS Suma ORGANIC	12x400g	£8.91	£0.99	Z	5017601032212
BAK09	BAKED BEANS Suma Vegan Sausage ORGANIC	12x400g	£11.39	£1.27	Z	5017601041177
TIN55	TINNED BEANS Suma Chick Peas	12x400g	£5.85	£0.65	Z	5017601016939

A selection of tinned beans from Elland's finest including the really very good 'Vegan Sausage and Baked Beans'. As wholesome very fast food (toast not included in pack) it's a winner.

SEASONINGS/SAUCES

BBQ08	BBQ SAUCE Dr Wills	8x250ml	£21.33	£3.55	Z	793052122713
BEE39	BEETROOT KETCHUP Dr Wills	8x250ml	£21.33	£3.55	Z	793052122770
TOM15	TOMATO KETCHUP Dr Wills	8x250ml	£21.33	£3.55	Z	737452885298
BEC12	BECHAMEL WHITE SAUCE Le Conserve Free-From Vegan	12x340g	£21.15	£2.35	Z	8005360001836
PES17	PESTO Le Conserve Green Free-From Vegan	12x185g	£19.35	£2.15	Z	8005360001522
PES18	PESTO Le Conserve Red Free-From Vegan	12x185g	£19.35	£2.15	Z	8005360001539

STOCK

STO35	STOCK POTS Kallo Vegetable ORGANIC	8x96g	£11.94	£1.99	Z	5013665113898
-------	------------------------------------	-------	--------	-------	---	---------------

ASIAN FOOD

JAC07	JACKFRUIT Govinda Cubes ORGANIC	6x218g	£16.60	£3.69	Z	4038507008874
JAC06	JACKFRUIT Govinda Shreds ORGANIC	6x218g	£16.60	£3.69	Z	4038507008850

Jackfruit is sort of breadfruit from Southern Asia. It's full of fibre and a little like apple and mango. It's a sort of meat substitute (pulled pork apparently) that is a vegan favourite just now.

OILS/BUTTER/MARG

OLI48	OLIVE OIL Mani Greek Extra Virgin ORGANIC	6x500ml	£31.46	£6.99	Z	5202423205047
GHE10	GHEE Happy Butter Golden Turmeric ORGANIC	6x300ml	£47.28	£10.51	Z	700461842590
GHE09	GHEE Happy Butter ORGANIC	6x300ml	£40.26	£8.95	Z	700461254829

Made in house by hand this ghee is made the traditional way by churning cultured butter over an open flame. No steam cookers used here.

YOGHURT/KEFIR/KOMBUCHA

KEF16	KEFIR Karma Elderflower/Hibiscus ORGANIC	6x500ml	£13.08	£3.49	V	3760192497114
KEF15	KEFIR Karma Fig/Lemon ORGANIC	6x500ml	£13.08	£3.49	V	3760192490665
KOM35	KOMBUCHA Karma Chilled Ginger ORGANIC	6x500ml	£10.87	£2.90	V	3760192490641
KOM37	KOMBUCHA Karma Chilled Pomegranate ORGANIC	6x500ml	£10.87	£2.90	V	3760192490627
KOM36	KOMBUCHA Karma Chilled Raspberry ORGANIC	6x500ml	£10.87	£2.90	V	3760192497527

Very beautifully packaged Kombucha and Kefirs. This French Organic, Fairtrade produce is produced by disabled workers in a Carbon-Neutral facility where they really do give a damn about the way that they affect the world around them. A fantastic project producing wonderful goods.

PUD08	PUDDING Freaks of Nature Cocoa Loco	6x90g	£11.66	£2.59	Z	797776522217
PUD06	PUDDING Freaks of Nature Mango Fandango	6x90g	£11.66	£2.59	Z	797776522200
PUD07	PUDDING Freaks of Nature Zingy Thingy	6x90g	£11.66	£2.59	Z	797776522224

No gluten, no eggs, no dairy and no soya in these desserts which have a modern-ness about them which has to be admired. Never heated, never pasteurised and full of life.

CHILLED

RAW50	RAW SLAW Hurlly Burly Jalapeno/Oregano ORGANIC	6x410g	£23.62	£5.25	Z	5060501860003
RAW51	RAW SLAW Hurlly Burly Lemon/Ginger ORGANIC	6x410g	£23.62	£5.25	Z	5060501860020
RAW52	RAW SLAW Hurlly Burly Turmeric/Cummin ORGANIC	6x410g	£23.62	£5.25	Z	5060501860027
BOO12	BOOSTER SHOT Moju Ginger	12x60ml	£14.63	£1.95	V	96147450
BOO13	BOOSTER SHOT Moju Turmeric	12x60ml	£14.63	£1.95	V	
PAT66	PATE VBites Tuna Style	6x150g	£8.96	£1.99	Z	5021821141760
ROA05	ROAST VBites Seed	6x500g	£24.72	£5.49	Z	5021821143412

CODE	NAME	PACKSIZE	PRICE	RSP	VAT	BARCODE
------	------	----------	-------	-----	-----	---------

STE06	STEAKS VBites Fish Style	6x200g	£13.46	£2.99	Z	5021821141869
CRI36	CRISPY NUGGETS Biona ORGANIC	6x200g	£17.96	£3.99	Z	5032722315235
CHE91	CHEESE GRATED Follow Your Heart Vegan Italian Style	8x142g	£26.94	£4.49	Z	49568600420
CHE92	CHEESE SMOKED Follow Your Heart Vegan Gouda	12x200g	£29.61	£3.29	Z	49568291178

Congratulations to Follow Your Heart for putting their Grated 'Cheese' into a jar which saves the need to re-visit the shelves every 10 minutes to resurrect more of those absurd pouches. Vegan cheese is here to stay although we await EU clarification of the name that we must call it by.

MILKS/DESSERTS

MIL63	MILK ALTERNATIVE Alpro Soya For Professionals	12x1lt	£13.13	£1.46	Z	5411188115434
MIL29	MILK ALMOND Rude Health Ultimate ORGANIC	12x500ml	£23.31	£2.59	Z	5060120284136
MIL17	MILK BROWN RICE Rude Health ORGANIC	12x500ml	£13.92	£1.55	Z	5060120284150

Rude Health are filling in the gaps with these smaller size milk alternatives.

DRINKS

MUL05	MULTI-7 JUICE Biona Fruit/Vegetable ORGANIC	6x1ltr	£16.84	£4.49	V	5032722315754
PUR06	PURPLE CARROT JUICE Biona ORGANIC	6x1ltr	£16.84	£4.49	V	5032722315709

A couple of very good-for-you drinks from Biona in glass bottles

COL03	COLA Karma Cola Bottles No Sugar ORGANIC	12x330ml	£12.37	£1.65	V	9421902090660
-------	--	----------	--------	-------	---	---------------

Karma Cola have been one of the biggest success stories for us of the past year. It's really good that they have decided to introduce some sugar free types made using Stevia. The bottles are introduced immediately and the cans will be with us in September.

BEVERAGES

TEA14	EVERYDAY TEA CADDY Clipper Fairtrade	6x80bags	£12.92	£2.87	Z	5021991940781
GRE08	GREEN CADDY Clipper Fairtrade China	6x80bags	£13.46	£2.99	Z	5021991940804
GRE13	GREEN Clipper Fairtrade China	6x80bags	£13.46	£2.99	Z	5021991979019

There aren't many of these promotional caddies and as they cost almost nothing we expect them to go very quickly indeed. As is usual with this sort of thing, when they're gone they're gone.

PERSONAL CARE

BOD01	BODY CREAM Austin Austin Neroli&Petitgrain ORGANIC	6x120ml	£49.00	£13.07	V	5016912345066
BOD00	BODY SOAP Austin Austin Neroli&Petitgrain ORGANIC	6x300ml	£49.00	£13.07	V	5016912345059
CON00	CONDITIONER Austin Austin Bergamot&Juniper ORGANIC	6x250ml	£42.00	£11.20	V	5016912345028
HAN81	HAND CREAM Austin Austin Palmarosa&Vetiver ORGANIC	6x250ml	£45.50	£12.13	V	5016912345042
HAN80	HAND SOAP Austin Austin Palmarosa&Vetiver ORGANIC	6x300ml	£45.50	£12.13	V	5016912345035
SHA00	SHAMPOO Austin Austin Bergamot&Juniper ORGANIC	6x300ml	£42.00	£11.20	V	5016912345011

This is the range that I have been working on with my daughter over the past year. It is all fully Soil Association and COSMOS certified Organic and all vegan with the exception of Body Cream which has a little beeswax in the mix. The idea is to bring some style and beauty into our sector and attract some of the Aesop and Liz Earle customers that we know also use our shops. Our packaging uses working artists and is fully recyclable. And almost every process is carefully done in East Anglia.

TOO77 TOOTHPASTE Kingfisher Charcoal Naturally Whitening 12x100ml £25.91 £3.45 V 5016912212924
This is the latest line from Kingfisher and has been made with Activated Charcoal to naturally whiten. The paste is black which is a bit different but everything else is the same. British Dental Health Association approval, vegan, not animal tested, no artificial colourings, flavouring preservatives and so on.

SAN24	INCONTINENCE PADS Natracare Plus#	6x16pack	£15.92	£3.54	Z	782126003546
SOA68	SOAP SUMA Rose/Geranium	12x90g	£9.80	£1.47	V	

Suma's most popular soap appears in our list.

SUPPLEMENTS/SPORTS/TONICS

MAG06	MAGNESIUM FLAKES BetterYou#	6x1kg	£31.00	£8.27	V	5060148520339
MAG09	MAGNESIUM GEL BetterYou	6x150ml	£37.84	£10.09	V	5060148521862
MAG08	MAGNESIUM OIL BetterYou Goodnight#	6x100ml	£38.64	£10.30	V	5060148520186
MAG07	MAGNESIUM OIL BetterYou Original#	6x100ml	£38.64	£10.30	V	5060148520100
ORA04	ORAL SPRAY BetterYou B12 Boost	4x25ml	£25.22	£10.09	V	96032893
ORA08	ORAL SPRAY BetterYou DLux 1000	4x15ml	£14.66	£5.86	V	96000793
ORA01	ORAL SPRAY BetterYou DLux 3000	4x15ml	£16.80	£6.72	V	96002879
ORA05	ORAL SPRAY BetterYou Multivit	4x25ml	£20.93	£8.37	V	96086292
ORA06	ORAL SPRAY BetterYou Turmeric	6x25ml	£56.88	£15.17	V	96170830
VIT03	VITAMIN Natures Own Curcumin Plus ORGANIC	1x60caps	£4.97	£7.95	V	5021758003452
VIT12	VITAMIN Natures Own Magnesium Citrate#	1x90caps	£6.98	£11.17	V	5021758003032
VIT02	VITAMIN Natures Own Multi For Women ORGANIC	1x60caps	£21.17	£33.87	V	502175803421
VIT11	VITAMIN Natures Own Multinutrient Formula#	1x60caps	£9.44	£15.10	V	5060202184217

Turmeric Spray has been much requested and here it is.

CODE	NAME	PACKSIZE	PRICE	RSP	VAT	BARCODE
VIT04	VITAMIN Natures Own Vit B Complex ORGANIC	1x30caps	£10.56	£16.90	V	021758003438
VIT06	VITAMIN Natures Own Vit C ORGANIC	1x30caps	£7.77	£12.43	V	5021758003445
VIT01	VITAMIN Natures Own Wholefood Bone Support#	1x60caps	£8.49	£13.58	V	5060202184217

David has rebranded and repackaged his fine range of supplements and vitamins which look a lot brighter and more modern. The whole range is vegetarian and made to wholefood standards.

ECO TOILETRIES

KIT11	KITCHEN TOWELS Ecoleaf 3 Ply 100% Recycled	12x(2x1)	£11.92	£1.59	V	5017601037699
TOI21	TOILET TISSUES Ecoleaf 9 Pack	5x(9x1)	£14.01	£4.48	V	5017601030430

Two Ecoleaf products for the home.

CLEANING PRODUCTS

LAU40	LAUNDRY LIQUID Ecoleaf	6x1.5lt	£22.46	£5.99	V	5017601031017
WAS59	WASHING UP LIQUID Ecoleaf	6x1lt	£9.18	£2.45	V	5017601030959
WAS04	WASHING UP LIQUID Ecover Lily/Lotus	8x500ml	£7.17	£1.43	V	5412533003673

STOCK TO CLEAR

XXE02	ESSENTIAL OIL Tisserand Lavender	9x9ml	£12.27	£2.45	V	
XXE01	ESSENTIAL OIL Tisserand Ylang Ylang	9x9ml	£7.13	£1.43	V	
XXH01	HERBATINT Various Discontinued lines	3x150ml	£11.09	£6.65	V	
XXH02	RAW MULTIFLOWER HONY Hilltop ORGANIC	10x370g	£30.79	£5.54	V	
XXR01	ROSE SOAP LIQUID Dr Bronners	12x750ml	£64.62	£9.69	V	
XXG01	GREEN TEA Qi China Mint ORGANIC	6x25bags	£3.81	£1.14	V	

new lines review

UNREFINED BAKING MIXES

Our range of un-Refined mixes are pretty special! They are 100% unrefined, vegan, gluten free, wheat free and packed with superfoods and wholefoods. Each product is simple to make and you only ever need to add 1 ingredient which you would often have in the cupboard. They are suitable for a range of dietary requirements and are all healthy and natural. We use high quality ingredients that would cost customers an arm and a leg to buy separately and put them all in a convenient mix. As an added bonus, our packaging is also all eco - friendly!



KARMA COLA SUGAR FREE COLA

You want a cola that refreshes your thirst, tastes fantastic and isn't full of sugar or any of that diet-zero-lite artificial crap that tastes as weird as it sounds. We have the answer. We've taken our great tasting ethical and organic original Karma Cola recipe and used the natural sweetener stevia to take out the sugar. Sugar Free Karma Cola tastes amazing because everything that goes into it is natural and ethical. There's nothing artificial. NO ARTIFICIAL SWEETENERS NO PRESERVATIVES NO GMOs And just like our original Karma Cola part of the proceeds from each bottle go to the families who grow our cola in Sierra Leone, so it does good too. It's as good as a cola can be.

FREE FROM ITALY RICE/SAUCES/GNOCCHI

Free From Italy passionately believes "just because you have an allergy or choose a Vegan way of life it does not mean you have to compromise when it comes to authenticity or taste". We have focused on real Italian Free From and Vegan food made and sold in Italy with the aim to supply UK consumers with the same quality that Italians enjoy and expect. In direct response to both consumer and retailer requests Free From Italy have expanded the range to include Italy's favourite Gnocchi brand Ciemme. The range includes Gnocchi with Quinoa, Le Conserve Della Nonna Bechamel Sauce and award winning Pesto sauces.

DR WILLS SAUCES

As a doctor (Will) and a restaurateur (Josh), the sauces we found on the shelves just weren't doing it for us. So we decided to come up with our own and Dr Will's was formed. Dr Will's makes all-natural condiments. Sauces with no refined sugar, additives or preservatives. We believe adding sugar and sweetener is not only bad for you, it also isn't needed. That's why the sweetness we use comes from natural sources, like juicy tomatoes, beetroots and dates. For a healthy dose of flavour, whenever you want it.



NATURE'S OWN SUPPLEMENTS

Here at Nature's Own we supply a range of Organic supplements comprising natural ingredients which support general good health or specific ailments. We are delighted to introduce the latest additions, which are part of our new Organic range of supplements. We now offer an Organic Multi for women, Organic Vitamin C from Amla Fruit and Organic B Complex. Also new to the range; Organic Curcumin Plus, which is now one of our most popular products.

GOVINDA JACKS' YOUNG JACKFRUIT

Our jackfruit is derived from South India, where they are grown under EU organic standards by small family farms. When picked ripe, the jackfruit is sweet and juicy, while the younger fruit, in contrast, has a meat-like consistency. Because of its neutral flavour, the meat of the young jackfruit can be seasoned with your favourite herbs and spices. Simply fry with goulash or shashlik seasoning, add salt and pepper to taste. Ideal as a meat substitute in all recipes containing meat or other meat-substitute products. We buy young jackfruits in season, and ensure a secure and sustainable income for local farms and farmers.

ANCIENT HARVEST PROTEIN PASTAS

Ancient Harvest Protein Pastas are naturally gluten-free. Made with quinoa - a complete protein, providing all nine essential amino acids necessary for good health, and is blended with high protein lentils, to deliver a perfect blend of high protein, gluten free pastas, that have the taste and texture of traditional pasta. Ancient Harvest Protein Pastas deliver: 2 x the protein of traditional pasta, boasting 12-14 grams of plant-based protein. Excellent source of fibre at 7 grams of fibre per serving. Naturally gluten-free, Non GMO, Kosher & Vegan. Available in: Green Lentil & Quinoa Penne & Red Lentil & Quinoa Rotelle

HAPPY BUTTER GHEE

Happy Butter is a new company using organic, grassfed Westcountry butter to make Ghee and Golden Turmeric Ghee. The ghee is made in Devon in small batches to ensure flavor and artisan quality. Both our Ghee's have won Gold at The Taste of the West this year. Golden Turmeric Ghee is an innovative and premium product crafted from Ghee and Organic fresh Turmeric root. Use Ghee in place of vegetable/nut and seed oil in all cooking for a healthy and tasty alternative. Tastes like butter but better!



DUMET OLIVES

Top Quality Dumet, with 40 years' experience in processing olives, offer first quality olives from the Mediterranean area. Deliver Authentic Taste Dumet Olives are processed in the traditional way, with no pasteurisation and no artificial additives or preservatives. Convenience Dumet Olives are packaged in stand up, easy to open, resealable pouches. Most varieties come packed without liquid and have a 12 months shelf life. Now Available Hojiblanca Green & Hojiblanca Black Spanish Green & Black Olives Pitted Kalamata Almond shaped queen of the Greek olives from the Kalamata region. Chalkidiki with Garlic Greek queen olives stuffed with whole cloves of garlic

RAW HALO CHOCOLATE

Raw Halo present their award winning artisan raw chocolate - a luxurious and healthier alternative that looks just as delicious as it tastes. Their coconut sugar sweetened chocolate is Organic, Gluten-Free, Dairy-Free, and 11 of 12 flavours are Vegan Friendly. The inspiration for Raw Halo came from founder Meg's search of a good quality raw chocolate product that was smooth and velvety - she saw a gap in the market. Raw Halo is now stocked in over 20 countries, through a growing list of organic and health food stores, cafes, delis, and department stores.

JEAM SUPER BREAD MIXES

We offer a range of nutrient rich organic bread mixes that are easy to make and pack a healthy punch. They can be made in a bread maker, with a food mixer or by hand, simply by adding a little oil, milk and water. Milk may be replaced with a dairy free substitute or with water, it still works really well. We aim to present bread as a healthy, convenient and nutritious food and want to encourage home baking for the family. Boosted with superfoods, nutritious, flavoursome flours and totally natural sugars, they are low in sugar, salt and fat.

HURLY BURLY RAW SLAWS

At Hurlly Burly Live Cultures we produce Raw Slaws bursting with natural flavours and gut goodness. All our Raw Slaws are small batch crafted using lacto-fermentation. By only using 100% certified Organic fresh produce our commitment is to maximise the health content, taste and quality in all our products. Our naturally fermented slaws are never heated or pasteurised and are absolutely full of life. Nothing is added, as we firmly believe that Mother Nature knows best. Now available in three exciting flavours Hurlly Burly Raw Slaws are perfect to liven up any meal!